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PARK «ZNESINIA» AS A RECREATIONAL FACILITY

Recently, the problem of preserving natural landscapes in areas of mass tourism and people's recreation has become urgent. Recreational activities of parks can, while preserving nature and remaining profitable, fulfill their important social role [1, 2, 3].

The regional landscape park «Znesinnnya» has an area of 312.1 hectares, but to regulate the influence of the urban environment and form a single natural and architectural ensemble of the park and adjacent territories, a protective zone with an area of 473.61 hectares has been allocated. The total area of the park, including the protected area, is 785.71 hectares. Park «Znesinnnya» is located near the Lviv downtown.

Aim – involving the population in systematic physical activity, meeting the needs for the formation of a healthy lifestyle, physical, mental and spiritual development of the population in the territory of the regional landscape park «Znesinnnya».

Tasks:

- improvement and support of the functionality of the

green zone in Lviv are aimed at improving ecological, recreational-tourist and eco-educational functions;

- arrangement, effective operation, reconstruction of sports grounds in the park, their effective use;
- equipped in the alleys of the «health trails» park, bicycle tracks, ski and toboggan tracks, roller skating tracks, jumping pits, etc.;
- opening of a sports equipment rental point.
- provision of health programs: improvement of mental and physical health of people: general development and specialized programs;
- development of sports and tourist activities.

The main problems: Unsatisfactory maintenance and use of sports grounds, health trails; Absence of an employee in the field of physical culture and sports in the park staff for carrying out the work on existing sports grounds, simulators; Lack of infrastructure intended for active recreation and physical development of citizens in the park zone, which can fit European safety and quality standards.

The main advantages of the project: outdoor recreation; creating a climate of social peace and conditions for people to communicate; creation of conditions for effective tourism, recreation and other types; recreational activities in natural conditions; preservation of valuable natural and historical and cultural complexes and objects; promotion of ecological educational work; do not require special (significant) initial capital investments (highlighting and identification of interesting objects and routes); contributes to satisfaction of social needs; popularization of various forms of recovery; conducting thematic, general educational excursions.

Description of work: Improvement of health paths, mini-grounds with simulators, development of physical exercise complexes; Preparation and laying of the equestrian route; Arrangement of modern zones for active recreation: monorail sleds, cable

crossings, climbing walls, extreme cycling tracks, combined eco-educational and sports-entertainment complexes; creation of a network of local treatment facilities and sorting points, collection and removal of solid household waste; Preparation of the track for sports orientation; Training and competitions: running, cycling, rope crossings, setting up tents, kayak maneuvers; Preparation of the ground for paintball; Preparation of the ground for paintball; Adaptation of the facilities and territory of the park to the requirements of people with special needs, the elderly and those vacationing with babies (fig.1).



Fig.1. Options for the development of Park «Znesinia»

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