

Матвіяс Ольга
Юрко Надія

АНГЛІЙСЬКА МОВА

для спеціальності
„ФІЗИЧНЕ ВИХОВАННЯ”

НАВЧАЛЬНИЙ ПОСІБНИК
ДЛЯ СТУДЕНТІВ І КУРСУ
ФАКУЛЬТЕТІВ ФІЗИЧНОГО
ВИХОВАННЯ ТА СПОРТУ

ЛЬВІВСЬКИЙ ДЕРЖАВНИЙ УНІВЕРСИТЕТ ФІЗИЧНОЇ КУЛЬТУРИ

Матвіяс Ольга, Юрко Надія

АНГЛІЙСЬКА МОВА

для спеціальності
„ФІЗИЧНЕ ВИХОВАННЯ”

**НАВЧАЛЬНИЙ ПОСІБНИК ДЛЯ СТУДЕНТІВ І КУРСУ
ФАКУЛЬТЕТІВ ФІЗИЧНОГО ВИХОВАННЯ ТА СПОРТУ**

Львів - 2007

УДК: 796.011.1:811.111 (07)

ББК: 81.2 англ.

Ухвалено до друку Вченою радою
Львівського державного університету фізичної культури
(протокол № 5 від 5 травня 2007 р.)

Рецензенти:

Боровська О. В. – кандидат філологічних наук, доцент кафедри іноземних мов
Львівського державного університету фізичної культури;

Іщенко О. Я – старший викладач кафедри іноземних мов Львівського
національного аграрного університету.

Матвіяс Ольга, Юрко Надія

Англійська мова для спеціальності „фізичне виховання”. Навчальний посібник
для студентів I курсу факультетів фізичного виховання та спорту. – Львів,

У навчальному посібнику подано розмовні теми для корективного курсу першого року навчання. Для закріплення практичного матеріалу розроблено систему вправ, укладено тематичні тестові завдання та завдання для самостійної роботи студентів. Матеріали посібника спрямовані на формування та розвиток навичок усного та письмового мовлення.

Навчальний посібник призначений для студентів першого курсу спеціальності „фізичне виховання”, які навчаються за кредитно-модульною системою.

УДК: 796.011.1:811.111 (07)

ББК: 81.2 англ.

UNIT 1

Text A

ABOUT MYSELF

1. Вивчіть слова та словосполучення.

- | | |
|---------------------------------------|---------------------------------------|
| • a district | – район |
| • a region | – область |
| • a close relative | – близький родич |
| • an aunt | – тітка |
| • an uncle | – дядько |
| • a cousin | – двоюрідний брат/сестра |
| • a teenager | – підліток (віком від 13 до 19 років) |
| • at the age of | – у віці ... років |
| • now and then | – час від часу |
| • fortunately / unfortunately | – на щастя / на жаль |
| • to train hard | – наполегливо тренуватися |
| • to have a good time | – добре проводити час |
| • a sporting grade | – спортивний розряд |
| • a sporting society | – спортивне товариство |
| • to belong to | – належати до |
| • to participate in / to take part in | – брати участь у |
| • a competition / a contest | – змагання |
| • to go in for | – займатися (видом спорту) |
| • to enter | – вступати до |
| • entrance exams | – вступні экзамени |
| • to take exams | – здавати экзамени |
| • to pass exams | – здати экзамени |
| • to fail exams | – провалити экзамени |
| • a first-year student | – першокурсник |

2. Доповніть текст інформацією про себе і прочитайте його.

ABOUT MYSELF

Let me (I want to / I'd like to) tell you a little about myself. My name is _____. I am _____ (years old). I was born in _____ (_____ district, _____ region) and live with (but I don't live with) my parents.

As for my family, it is (not) a very large one. There are ____ of us in the family. I have a father, a mother, a younger/elder brother, a younger/elder sister, a grandfather and a grandmother. My father is a _____, my mother is a _____, my brother is a _____ and my sister is a _____. (Un)Fortunately my grandparents (don't) live with us and (but) we often see each other. Besides my close relatives I also have some uncles, aunts and cousins. I meet them now and then to spend our free time together.

Many members of my family are great lovers of sport. We often watch different sports competitions either on TV or at the stadium. My favourite kind of sport is _____. I began to go in for it at the age of _____. So when I finished school I decided to enter L'viv State University of Physical Culture. I passed my entrance exams and now I am a first-year student at the faculty of sport / the faculty of physical education / the faculty of human health and tourism. I have _____ sporting grade and belong to _____ sporting society. I want to become a good athlete, so I train hard, participate in different contests and cannot imagine my life without sport. Though like any teenager I have such other hobbies as music, dancing, reading books, watching TV, playing computer games, (_____) or just having a good time with my friends.

3. Дайте відповіді на запитання.

1. What is your name?
2. How old are you?
3. What are you?
4. When were you born?
5. Where were you born?
6. Where do you live?
7. What street do you live in?
8. Do you live with your parents?
9. Do you live in the hostel?
10. What are your parents?
11. How many members does your family consist of?
12. Have you any sisters or brothers? What are they?
13. What faculty do you study at?
14. Do you go in for sport?
15. What kind of sport do you go in for?
16. When did you begin to go in for sport?
17. Did you take part in any contests?
18. What sporting grade do you have?
19. What sporting society do you belong to?
20. What other hobbies have you?

4. Перекладіть подані словосполучення та складіть з ними речення.

- | | |
|--------------------|-------------------------|
| • to live in | • to go in for |
| • to consist of | • a sporting society |
| • kind of sport | • to study at |
| • to take part in | • to have a good time |
| • a sporting grade | • at the age of |
| • to live with | • to enter an institute |

5. Підберіть українські еквіваленти.

- | | |
|---------------------------|-----------------------------|
| 1) to go in for | a) провалити екзамени |
| 2) at the age of | b) у віці ... років |
| 3) to have a good time | c) вид спорту |
| 4) a sporting grade | d) добре проводити час |
| 5) a sporting society | e) здавати екзамени |
| 6) a kind of sport | f) спортивне товариство |
| 7) to take exams | g) займатися (видом спорту) |
| 8) to fail exams | h) спортивний розряд |
| 9) to belong to | i) вступити до інституту |
| 10) to enter an institute | j) належати до |

6. Підберіть відповідні слова до тлумачень.

- 1) mother's or father's sister –
- 2) a young person at the age from 13 to 19 –
- 3) mother's or father's brother –
- 4) to be a member of –
- 5) uncle's or aunt's son or daughter –
- 6) to take exams at an institute or university in order to become a student –
- 7) exams for a person who enters an institute or university –
- 8) a person who begins to study at the institute or university –

7. Утворіть із поданих букв слова і складіть з ними речення.

- | | |
|-------------|---------|
| • mafily | • cunle |
| • tnesdut | • terne |
| • utisnteti | • dystu |
| • rapetns | • torps |
| • sresti | • drage |

8. Складіть речення та перекладіть їх.

1. first-year, I, now, a, student, am.
2. go, I, began, for, the, at, to, sport, in, of, ten, age.
3. besides, have, a, sport, I, got, hobby.
4. glad, I, at, Institute, am, to study, the.
5. can, without, I, imagine, life, not, my, sport.

9. Підберіть закінчення поданих речень.

- | | |
|------------------------------|--|
| 1. Let me tell you... | a) ... L'viv, Ukraine. |
| 2. I'm from... | b) ... L'viv State University of Physical Culture. |
| 3. I've finished... | c) ... football and track and field. |
| 4. This year I've entered... | d) ... a secondary school this year. |
| 5. I go in for... | e) ... some words about myself. |

10. Заповніть пропуски відповідними прийменниками (де необхідно).

1. I'd like to tell you a little _____ myself.
2. As _____ me I like gymnastics best of all.
3. He often meets _____ his friends and they spend their free time together.
4. I was born _____ L'viv _____ 1987.
5. Some members _____ our team are Masters of Sport.
6. She doesn't belong _____ any sporting society.
7. His hobby is playing _____ computer games.
8. He became a famous sportsman _____ the age _____ 20.
9. They go _____ for different kinds _____ sport.
10. No sportsman can imagine his life _____ sport.
11. She always watches competitions _____ swimming _____ TV.
12. I decided to enter _____ this university when I finished my school.
13. They usually participate in _____ different contests.
14. He moved to Kyiv, so he doesn't live _____ his parents any more.

11. Перекладіть слова в дужках англійською мовою.

1. (Час від часу) _____ we take part in different sports (змаганнях) _____.
2. Ruslana says that she loves our city because she (народилася) _____ and lived here.
3. There are no very big stadiums either in our (район) _____ or in our (область) _____.
4. His (старший) _____ brother was a famous Ukrainian sportsman.
5. All the (вступні) _____ exams at our university were very difficult this year.
6. The girl has no other (близьких) _____ relatives except her mother.
7. You must (наполегливо тренуватися) _____ if you want to have good results in your (виді спорту) _____.
8. He is a (великий любитель) _____ of football and goes to all football matches in the city.
9. Her (дідусь і бабуся) _____ lived not far from her so she often visited them.
10. Nowadays, (на жаль) _____, not all the (підлітки) _____ go in for sport.
11. The students of our university have their English lessons at the (кафедрі) _____ of Foreign Languages.
12. His (молодша) _____ sister is a (першокурсниця) _____ of the L'viv State University of (Фізичної Культури) _____.

12. Розкажіть про себе, використовуючи подані вирази.

- *First of all...*
- *I'd like to tell you...*
- *Let me tell you...*
- *Fortunately...*
- *As far as I know...*
- *As a result...*
- *At last...*
- *I'm sure...*

1. Вивчіть слова та словосполучення.

- a husband – чоловік
- a wife – дружина
- a niece – племінниця, небога
- a nephew – племінник, небіж
- a step-father – вітчим
- a step-mother – мачуха
- a step-brother – зведений брат
- a step-sister – зведена сестра
- a half-brother – брат по одному з батьків
- a half-sister – сестра по одному з батьків
- a father-in-law – тесть, свекор
- a mother-in-law – теща, свекруха
- a son-in-law – зять
- a daughter-in-law – невістка
- to fall in love with smb – закохатися в когось
- to be in love with smb – бути закоханим в когось
- to fall out of love with smb – розлюбити когось
- to marry smb – одружитися з кимсь
- to be married to smb – бути одруженим з кимсь
- a late person – покійна людина
- self-confident – самовпевнений
- strong-willed – вольовий, рішучий
- selfish – егоїстичний
- arrogant – зарозумілий
- ambitious – честолюбний
- affectionate – ласкавий, люблячий
- upset – засмучений, пригнічений
- dishonest – нечесний, непорядний
- one's weak spot – чиєсь вразливе місце
- a love match – шлюб по любові
- the apple of the eye – зіниця ока
- a skeleton in the cupboard – “скелет у шафі”
(прихована сімейна таємниця)
- to get into big money – розбагатіти

Meet the Family

Donald Hewitt. Donald is a very rich man now though he was born into a poor family. Nobody knows how he got into big money but now he's got a computer factory in Cambridge and big accounts in Swiss banks. He is quiet, self-confident and doesn't like to talk much. He's been married to Rosemary for thirty years. They've got three children, two sons and a daughter. Donald has a house in Cambridge and a villa in Spain. He is fond of golf and spends all his free time on golf courses with his business friends. Donald is a very strong-willed person and his only weak spot is his love to his grandchildren.

Rosemary Hewitt. Rosemary is Donald's second wife. His first wife died at childbirth 36 years ago. So Rosemary is the stepmother for Charles, Donald's eldest son. Rosemary is a writer of romantic novels, and she is very rich too, because practically all her books become bestsellers as soon as they are published. Most of her time Rosemary lives in Cambridge with her husband and their three dogs, but she also has a house in London where she stays when she discusses her books with her editor. Donald and Rosemary spend summers in their villa in Spain, far from rainy England. When she is not writing, Rosemary enjoys taking care of the beautiful flowers that grow in her gardens.

Charles and Amanda Hewitt. Charles is Donald's favourite son. For a long time Charles was an only child in the family and he was spoilt by his grandparents (both Donald's and his late wife's) and his nurse who took care of Charles till Donald married Rosemary. Charles grew up to be selfish, arrogant and extremely ambitious. He is married to Amanda who used to be a famous model. Amanda is very beautiful, she won the Beauty Contest "Miss Europe 1993". Charles was one of the sponsors of the contest. He met Amanda there and married her a month later. It isn't a love match. Charles needs a beautiful wife and hostess, Amanda needs a husband who can buy her the things she likes. They have two children Lucy, who is seven, and David, who has just turned six. Neither Charles nor Amanda are affectionate parents. Charles collects cars and spends much more time with them than

with his wife and children. Amanda is in love with her face and body and her hobby is shopping and visiting beautician salons and health clubs. She hardly ever thinks about her husband and children.

Andrea and Joseph Williams. Andrea is Donald and Rosemary's daughter. She is her mother's favourite child. In her childhood Andrea was fond of animals. She used to bring home stray dogs and cats, birds with broken wings, collected bugs and butterflies. Her favourite subject at school was biology and after graduating from her college Andrea became a scientist. Her special field is microbiology and she works in her laboratory for long hours. She is married to Joseph who loves his wife more than anything else in the world. Donald and Rosemary's son-in-law is a children's doctor. Andrea and Joseph don't have children of their own yet, so they like to spend time with their niece and nephew. They often take them out into the country where Andrea teaches the kids to love and respect nature and Joseph teaches them to fish and to make a camp fire.

Robin Hewitt. Robin is Andrea's brother. He is 25 and he is a rock singer, though not famous. His parents are not happy about the lifestyle Robin has chosen. Robin didn't like his school and got involved in a company of teenagers who took drugs and stole from shops. Though Robin had never known what lack of pocket money was, he liked what his friends called "adventures" and ended up in a police station after his friends and he tried to rob a local bank. He didn't go to prison because he was not 14 at that time but he never learnt to work hard and his parents are very much upset that he doesn't want to study and get a good profession.

"Skeleton in the cupboard". Donald has a dark secret. In his youth he did something dishonest about which he is sure nobody knows. Two days ago he got a letter in which somebody reminded him about the debt that can be paid only by the life of one of his grandchildren.

Notes to the text:

- who has just turned six – якому щойно виповнилося 6 років
- in the country – поза містом, у сільській місцевості
- outdoor activity – відпочинок на свіжому повітрі

- a stray dog – прибулудний собака
- a golf course – майданчик для гри в гольф
- to have an account in a Swiss bank – мати рахунок у швейцарському банку
- to rob a bank – пограбувати банк
- to take drugs – приймати наркотики
- to get involved in sth – втягнутися, вплутатися в щось
- lack of pocket money – брак, нестача кишенькових грошей
- to inherit sth from smb – успадкувати щось від когось
- used to – колись (позначає дію, яка відбувалася лише в минулому)

3. Визначте, які з наведених нижче речень відповідають змісту тексту (true), а які ні (false).

1. Donald Hewitt inherited a big sum of money from his parents.
2. Donald's grandchildren are "the apple of his eye".
3. Rosemary has two stepchildren.
4. She is a very successful novelist.
5. Rosemary's only hobby is her work.
6. Charles's mother died and there was nobody to take care of him when he was growing up.
7. Charles is a good children's doctor.
8. Amanda married Charles for his money.
9. Andrea is a well-known novelist too.
10. Lucy and David are neglected by their parents.
11. Joseph loves his children more than anything else in the world.
12. Andrea and Joseph enjoy outdoor activities with their niece and nephew.
13. Robin stole from shops because his parents limited him in his pocket money.
14. "Skeleton in the cupboard" means some tragedy, crime or disgrace that happened in the family.
15. Donald got a threat that put his grandchildren's life in danger.

4. Заповніть пропуски в реченнях словами, поданими в таблиці.

niece	sister-in law	daughter	nephew
son	grandparents	half-brother	parents
nurse	son-in-law	brother-in-law	husband
wife	half-sister	stepmother	stepbrother

1. Lucy is Andrea and Joseph's little _____.
2. Donald and Rosemary's _____ is an affectionate husband.
3. Charles's _____ Robin wasn't fond of school in his childhood.
4. Andrea's _____ David is very enthusiastic about fishing.
5. Charles doesn't show much respect to his _____ Rosemary.
6. Being spoiled by his _____ and _____, Charles grew up to be a very selfish man.
7. Robin is secretly in love with his _____, Amanda.
8. Amanda's _____ Charles loves his collection of cars.
9. Being a child Charles's _____ Andrea liked animals most of all.
10. Amanda's _____ Robin is fond of rock music.

1. Перекладіть слова та словосполучення українською мовою.

- to be alike
- exactly the same
- pretty
- clever
- to be jealous of
- a roof
- to repair
- to drop a brick
- near-murder
- to follow in the footsteps
- to be on a diet
- to be punished

2. Заповніть пропуски у тексті відповідними словами.

Sisterly Feelings?

kill	fair	underneath	repaired	prettiest	achieve	been	follow
attention	like	weaker	exchange	called	important	everyone	felt

Sisters are often alike but they are never exactly the same. In many families one sister is often _____ “the pretty one” and the other “the clever one” when they are still babies. Even young children may think beauty is more _____ than brains.

“I was so jealous of my sister’s looks. She had long _____ hair and a sweet little nose, and I thought she had the _____ clothes and the most attention. I hated her so much that I decided to _____ her. One day when the roof of my house was being _____; I dropped a brick out of the window when she was _____. Thank God it missed!” says one ashamed near-murderer. “I must have _____ about ten at the time, and she was eight years old. Now she tells me that she always _____ stupid beside me in school because I was a good student and she was _____ at school work. But when you are a teenager, you want _____ and compliments and boyfriends; good exam results don’t seem like fair _____.

Life is particularly hard for someone who wants to _____ in the footsteps of the famous sister. Dee Dee Pfeiffer wanted to be a film star _____ her sister, Michelle. "When we were children, Michelle was the beautiful one and I was the fat one" says Dee Dee. "I have been on a diet for years, trying to _____ a figure which is as good as hers. In Hollywood _____ looks at you critically, and compares you with your famous sister."

3. Дайте відповіді на запитання.

1. Have you got any sisters or brothers? If yes, how many?
2. Do you think the feelings described in the text are really typical? Why?
3. Are these feelings typical only of sisters or of brothers either?
4. Analyze your own feelings towards your sister/brother. Have you ever been jealous of her/him? If yes, on what occasions?
5. Have you ever felt that your parents are more critical towards you than towards your sister/brother?
6. Have you ever been punished or praised instead of your sister/brother? Can you tell the group how it happened?
7. Have you ever wanted to be or to look like your sister/brother? Why?
8. Have you ever wanted to be an only child in the family? Why?
9. Who of your family do you use as a model for yourself?
10. How often do you get together and what do you like to do together?
11. Do you all share the same hobbies?
12. Do you think that your family is just like all the other families in the country?

1. Підберіть відповідне тлумачення до слів.

- | | |
|-----------------|--|
| 1) a family | a) an organization that has a particular purpose, especially that is connected with education. |
| 2) to enter | b) a formal written, spoken or practical test. |
| 3) a cousin | c) a group consisting of one or two parents and their children. |
| 4) a relative | d) to make smb suffer because they have broken the law or done smth wrong. |
| 5) to punish | e) to express your approval or admiration for smb/ smth. |
| 6) an aunt | f) a child of your aunt or uncle. |
| 7) an institute | g) to become a member of an institution. |
| 8) an uncle | h) the sister of your mother or father; the wife of your uncle. |
| 9) to praise | i) a person who is in the same family as smb else. |
| 10) an exam | j) the brother of your father or mother; the husband of your aunt. |

2. Заповніть пропуски відповідними прийменниками.

with, after, to (2), on, about, in (2), because, of, from, at (2), near, for.

1. My name's Carly and I come _____ Australia.
2. I live _____ London now _____ my husband Dave and our three children.
3. I came _____ Britain fifteen years ago when I got married.
4. I'm a student _____ the Open University.
5. This means I watch special programmes _____ TV and work _____ home.

6. I send my work _____ my course teacher every week.
7. _____ moment, I'm reading _____ Italian painters _____ Italian.
8. It is difficult _____ I only speak a little Italian.
9. _____ I graduate, I'm going to look _____ a job.
10. I'm going to work _____ an art gallery or museum.

3. Підберіть закінчення поданих речень.

- | | |
|--|--|
| 1. I'm a student... | a) ...with my parents and my sister. |
| 2. I live at home... | b) ...in one of the sporting societies. |
| 3. I come from... | c) ...very hard every day. |
| 4. After I graduate, I'm going to work as a coach... | d) ...of the L'viv State University of Physical Culture. |
| 5. Athletes have to train... | e) ...a city in the west of Ukraine. |

4. Підберіть антоніми.

- | | |
|--------------|----------------|
| 1) to enter | a) easy |
| 2) to start | b) uncle |
| 3) difficult | c) nephew |
| 4) aunt | d) to finish |
| 5) niece | e) to graduate |

5. Підберіть синоніми.

- | | |
|-----------------|------------------------------------|
| 1) to study | a) to join, to go inside |
| 2) to live | b) to drill, to instruct, to teach |
| 3) to enter | c) to take up |
| 4) to go in for | d) to learn, to master |
| 5) to train | e) to stay, to reside, to inhabit |

1. Підберіть іменники протилежного роду.

- | | |
|-----------------|----------------------|
| 1) a nephew | a) a daughter-in-law |
| 2) a father | b) an aunt |
| 3) a grandpa | c) a woman |
| 4) a brother | d) a wife |
| 5) a sportsman | e) a niece |
| 6) a son-in-law | f) a widow |
| 7) an uncle | g) a mother |
| 8) a husband | h) a granny |
| 9) a man | i) a sportswoman |
| 10) a widower | j) a sister |

2. Запишіть подані іменники у множині (зверніть увагу на артикли).

An aunt, the uncle, a lady, a teacher, a man, the sportsman, a chief, a mouse, the sheep, a tooth, a boy, a day, a city, the housewife, a baby, the shelf, a half, a toy, the country, a sandwich, a foot, the football, a child, a family, a wife.

3. Запишіть подані речення у множині.

a) This is a child. This is my cousin. That is her brother. This is a good sportsman. This is our teacher. That is the family. That is a first-year student.

b) Is that my pen? Is that her son? Is this their father? Is this your nephew? Is this a champion? Is that a marksman? Is this an athlete? Is this your boy-friend?

c) This man is not my uncle. That isn't a foot. That woman isn't my sister. This child isn't her child. That sportsman is a good student. This foot is rather big.

d) It is my niece. It is a beautiful street. It is a hard-working boy. It is the best footballer. It is a real gentleman. It is a left boot. It is an English lecture.

e) There is a boot on my foot. Is that student an Englishman or a German? This lady is that gentleman's wife. This shoe is too large for your foot. That is my child's study.

UNIT 2

Text A

MY WORKING DAY

1. Вивчіть слова та словосполучення.

- an alarm clock – будильник
- to wake up – прокидатися
- to wake smb up – будити когось
- to get up – вставати
- to go to bed – лягати спати
- to fall asleep – засинати
- to feel sleepy – почуватися сонним
- to crawl out of bed – сповзати з ліжка
- to jump out of bed – зіскочити з ліжка
- to have a lie-in – залежуватися в ліжку
- to sit up late into the night – засиджуватися до пізньої ночі
- to make the bed – застеляти ліжко
- to do one's daily dozen /
- to do one's morning exercises – робити ранкову зарядку
- to go jogging in the morning – здійснювати ранкову пробіжку
- to take a shower – приймати душ
- to clean one's teeth – чистити зуби
- to do one's hair – зачісуватися
- to wash – вмиватися
- to dress – одягатися
- a.m. (лат. – ante meridiem) – час до полудня
- p.m. (лат. – post meridiem) – час після полудня
- to have breakfast – снідати
- to have dinner – обідати

- to have supper – вечеряти
- to have a meal – їсти
- a canteen – їдальня в громадському закладі
- to leave one's home – виходити з дому
- a hostel – гуртожиток
- to take a bus – сідати на автобус
- a route-bus – маршрутне таксі
- it takes me ... minutes to ... – це займає мені ... хвилин, щоб ...
- to go on foot – йти пішки
- to come in time – приходити завчасно
- to come on time – приходити вчасно
- to be late for – запізнюватися кудись
- to have ... lines a day – мати ... пар на день
- to take / to have a rest – відпочивати

2. Доповніть текст інформацією про себе і прочитайте його.

MY WORKING DAY

As a rule my working day begins very early. My alarm clock (my mother / my mobile phone) wakes me up at _____. I feel very sleepy and have a lie-in for _____ minutes before I get up (crawl out of bed / jump out of bed). Then I wash, clean my teeth, make my bed and do my daily dozen to the music or go jogging in the park. After that I take a shower, dress, do my hair and have my breakfast. In some minutes I am ready to go to the university.

I usually leave my home (my hostel) at _____. As the university is far (not far) from my home (my hostel) I take a bus (a route-bus / a tram / a trolley-bus) number _____ to get there (or I go there on foot). It takes me about _____ minutes to get to the university.

The lines at our university begin at half past eight. I don't like to be late and try to come in time. As a rule I come a few minutes before the beginning of the first line. Usually we have three or four lines a day. When they are over I have my dinner in the university canteen (in the nearest café / at home), take a short rest and go to my regular training. I train for about _____ hours, take a shower and go home (to the hostel).

In the evening I have my supper and do my homework. If I still have some free time left I watch something interesting on TV, read books, magazines or newspapers, listen to music or meet my friends. Usually I (don't) sit up late into the night and go to bed at _____.

3. Дайте відповіді на запитання.

1. What do you use as an alarm in the morning?
2. Do you always get up as soon as you wake up?
3. Do you always get up at the same time?
4. Do you usually sleep late on Saturdays or Sundays?
5. Do you do your morning exercises regularly?
6. Are you ever late for your lines? appointments? dates?
7. Do you like the university canteen? Why? Why not?
8. Do you enjoy going to the university? Why? Why not?
9. Have you ever pretended to be ill in order not to go to the university? If yes, did your mum believe you?
10. When do you usually do your homework, right after your classes or late in the evening?
11. How long does it take you to do your homework?
12. Do you have any sports training after your lines? What kind of sport do you go in for?
13. Do you watch TV every evening?
14. Do you go to bed at the same time or do you wait until you are tired?
15. Do you usually read in bed before falling asleep?

4. Підберіть англійські еквіваленти.

- | | |
|-------------------------|-------------------------|
| 1) сідати на автобус | a) post meridiem (p.m.) |
| 2) запізнюватися кудись | b) to wake smb up |
| 3) приходити завчасно | c) ante meridiem (a.m.) |
| 4) йти пішки | d) to take a bus |
| 5) приходити вчасно | e) to be late for |
| 6) застеляти ліжко | f) to come in time |
| 7) відпочивати | g) to go on foot |
| 8) будити когось | h) to make the bed |
| 9) час до полудня | i) to have a rest |
| 10) час після полудня | j) to come on time |

5. Утворіть словосполучення та перекладіть їх на українську мову.

- | | |
|--------------|------------------------|
| 1) to feel | a) one's daily dozen |
| 2) to fall | b) one's teeth |
| 3) to crawl | c) one's home |
| 4) to go | d) out of bed |
| 5) to do | e) late into the night |
| 6) to take | f) asleep |
| 7) to have | g) sleepy |
| 8) to sit up | h) jogging |
| 9) to leave | i) a lie-in |
| 10) to clean | j) a shower |

6. Підберіть відповідні слова до тлумачень.

- 1) to rise from bed in the morning –
- 2) a clock that rings at the fixed time to wake smb up –
- 3) to get out of bed very quickly –
- 4) to lie down into the bed in order to sleep –
- 5) to clean oneself with water –
- 6) to put one's clothes on –
- 7) to eat something –
- 8) a dining-room in a public institution –
- 9) to walk somewhere –
- 10) to put one's hair in order –

7. Утворіть із поданих букв слова і складіть з ними речення.

- | | |
|------------|-------------|
| • shelot | • rafksebat |
| • necetan | • ramal |
| • perups | • whesor |
| • gongjig | • nedrin |
| • tuboruse | • deremimi |

8. Складіть речення та перекладіть їх.

1. working, rule, begins, a, day, early, my, very, as.
2. homework, have, the, supper, do, in, and, my, evening, my, I.
3. university, begin, our, half, the, at, eight, at, lines, past.
4. time, late, I, in, like, try, be, to, don't, come, and, to.
5. night, usually, into, sit, I, the, late, up.

9. Підберіть відповідні закінчення речень.

1. The university is not far from ... a) ... the university.
2. Usually we have ... b) ... my regular training.
3. I train for about ... c) ... my hostel.
4. I take a short rest and go to ... d) ... three lines a day.
5. In some minutes I am ready to go to ... e) ... two hours.

10. Заповніть пропуски відповідними прийменниками.

1. What time do you usually wake _____ ? _____ half _____ seven _____ weekdays and _____ a quarter _____ eight _____ Sundays.
2. When the alarm clock rings I jump _____ _____ bed, switch _____ the radio and begin to do my daily dozen _____ music.
3. His usual working day begins _____ jogging _____ the nearest park.
4. _____ the morning she likes to have a lie-_____ but she always sits _____ late _____ the night.
5. As a rule I have a cup of coffee _____ breakfast and only _____ lunchtime I have a meal _____ our canteen.
6. She does not live very far _____ her institute. It takes her half an hour to go _____ foot, fifteen minutes – to go _____ bus and ten minutes if she goes _____ her friend's car.
7. He prefers to go _____ a walk _____ the morning when the air is fresh. He never goes _____ _____ weekday evenings and always has supper _____ home.
8. I usually get _____ early _____ the morning and feel sleepy _____ the daytime but I cannot fall asleep _____ night.

11. Перекладіть слова в дужках англійською мовою.

1. My (будильник) _____ wakes me up in the morning.
2. When I wake up I (сповзаю) _____ out of bed.
3. For (сніданок) _____ I usually have a light meal.
4. I never have my dinner in the university (їдальня) _____.
5. After the (пари) _____ I go to my regular training.
6. As soon as my head touches the pillow I (засинаю) _____.
7. I usually (залежуюся в ліжку) _____ at week-ends.
8. If I don't sleep well I (почуваюся сонним) _____ all day long.
9. He takes a (маршрутне таксі) _____ to get to his university.
10. Many students of our university like to go home (пішки) _____.
11. It takes her about 15 minutes to (зачісуватися) _____.
12. We all should do (ранкову зарядку) _____ every day.

12. Доповніть подані речення.

1. When I get up in the morning I hate (like) ...
2. When I wake up I jump (crawl) out of bed because ...
3. For breakfast I usually have ...
4. As for the canteen of our institute ...
5. I hate (like) going to the institute because ...
6. After the lines I either ... or ...
7. Before doing my homework I ...
8. I don't spend much time on my homework when ...
9. I sit up late into the night when ...
10. At week-ends I have a lie-in (get up at usual time) because ...

13. Розкажіть про свій робочий день, використовуючи подані вирази.

As usual ... After that ... At last ... As a rule ...
It takes me ... Usually ... In the morning / afternoon / evening ...

14. Підберіть українські відповідники до поданих англійських прислів'їв.

- | | |
|---|---|
| 1. Business before pleasure. | a) <i>Необхідність породжує винаходи.</i> |
| 2. The hardest work is to do nothing. | b) <i>Спочатку справа, потім розвага.</i> |
| 3. What is worth doing at all worth doing well. | c) <i>Не помиляється той, хто нічого не робить.</i> |
| 4. If you want a thing well done, do it yourself. | d) <i>Той, хто вміє – робить, а хто не вміє – повчає інших.</i> |
| 5. Jack of all trades is master of none. | e) <i>Через терни до зірок.</i> |
| 6. A bad workman quarrels with his tools. | f) <i>Якщо хочеш зробити справу добре, зроби її сам.</i> |
| 7. Through hardship to the stars. | g) <i>Найважча робота – нічого не робити.</i> |
| 8. If you don't make mistakes you, don't make anything. | h) <i>Якщо вже щось і робити, так робити добре.</i> |
| 9. He who can, does; he who cannot, teaches. | i) <i>У поганого майстра завжди інструмент винен.</i> |
| 10. Necessity is the mother of invention. | j) <i>За все братися – нічого не робити.</i> |

1. Вивчіть слова та словосполучення.

- tastes differ – у кожного свій смак, уподобання
- outdoor type – той, хто не любить сидіти вдома
- sociable type – товариський
- workaholic – трудоголік
- home lover – домосід
- culture-vulture – любитель вивчення різних культур
- loner – самотник
- health freak – фанатичний любитель здорового способу життя
- the “musts” – видатні місця, які слід відвідати
- to boast of – хвалитися, вихвалитися
- to look forward to – чекати з нетерпінням

2. Прочитайте текст і виконайте вправи.

Tastes differ

John: I wake up at half past five and study company reports in bed. I go to work at half past seven. I never leave the office before nine o'clock at night. I don't go out on weekdays because I'm too tired. I'm a manager and I read management books at my free time. I usually work at home at the weekend.

Dave: I usually get up at 7.30 on Saturdays and run in the park before breakfast. I'm always back home by 8.30. My brother Steve is still asleep at the time, he never gets up before ten. He usually has coffee and toast for breakfast. I never drink coffee, so I have orange juice and cereal. My brother calls me a health freak. Most Saturdays I go shopping with my parents. My brother hates shopping, he doesn't crowds. He is always at home on Saturday. He sometimes plays the guitar in his room or listens to his CDs.

Daisy: My husband is a very rich man so I don't have to work. I think that the best way to spend your time is to travel and see all the “musts” in different countries. The next three years of my life are already

planned. I'm going to Sri Lanka and Nepal, China and Mongolia. As you see I'm not interested in dear old Europe any longer. I've been all around it several times. It has nothing new for me. I'm looking forward to new impressions and experiences. Besides all my friends have already visited most of these places of interest and all the time boast of being there and seeing this and that. It's a shame that I don't have as many souvenirs from all those places as they do. And now, if you excuse me, I must hurry. It's the presentation of Tony Foticelli's exhibition tonight. I don't know anything about him but everybody who is somebody will be there.

3. Визначте соціальний тип людей, згаданих у тексті.

outdoor type
sociable type

loner
home lover

workaholic
culture-vulture

1. John is a ...
2. Dave is a ...
3. Steve is a ...
4. Daisy is a ...

4. Доповніть речення.

1. John is a m _ _ _ _ _ r and he reads managements books at his free time.
2. Steve calls his brother a h _ _ _ t _ _ f _ _ _ k.
3. Dave usually has orange juice and c _ r _ _ _ _ for his breakfast.
4. In the evening Steve likes to play the g _ _ _ _ _ in his room.
5. Daisy's h _ _ b _ _ _ _ is very rich.
6. She is not interested in dear old E _ _ _ _ e any longer.
7. In the morning John studies company r _ _ _ _ _ s in bed.
8. Daisy's friends have many s _ _ v _ _ _ r _ _ from the places they visited.

5. Зробіть цей тест, щоб визначити, до якого соціального типу ви належите.

Do you like...	I love	I really like	I like	I don't mind	I don't like	I hate
1) talking to friends?	6	5	4	3	1	0
2) going out with friends?	6	5	4	3	1	0
3) spending time alone?	0	1	2	3	5	6
4) meeting new people?	6	5	4	3	1	0
5) going on holiday alone?	0	2	2	2	1	0
6) going to parties?	6	5	4	3	1	0
7) staying at home?	0	1	2	2	3	5

Answers:

0 - 14: You are a real loner. Maybe you don't like people very much. You really like spending time on your own. Try to spend more time with your family and friends and relax with them.

15 - 31: Maybe your social life isn't very busy but it's fine for you and you have some good friends. Your friends are important to you and you like spending time with them. You like going out and meeting new people sometimes, but you also like staying in and having quiet evenings, maybe alone.

32 - 42: you really like people and they really like you. You have a busy social life and often go out with friends or telephone them because you don't like spending time on your own. This is OK but learn to enjoy time alone as well.

1. Перекладіть слова та словосполучення.

- team-mate
- packed lunch
- promising sportsman
- finally
- to dream of
- local bus
- to prefer
- to pretend
- trick
- high school

2. Заповніть пропуски у текстах відповідними словами.

8.30 a.m.	finishes with	much time
11 p.m.	plays football with	lunch
7.30 a.m.	packed lunch	supper
one day	local bus	breakfast
9 o'clock	first-year	institute
7 o'clock	canteen	footballer

Tom White is a _____ student. He lives near Manchester and goes to his _____ by bus. Every morning he gets up at _____. He has a glass of juice and a sandwich for _____ and leaves the house at _____. Tom usually has 3 classes before _____. He doesn't take a _____ from home and prefers to eat in the _____. He has two more classes after lunch and then _____ his team-mates. Tom is a promising _____ and he dreams that _____ he will be invited to play for "Manchester United". After his training he takes a _____ home and has his _____ at about _____. Tom doesn't spend _____ on his homework and it is usually ready by _____. His usual evening _____ watching TV or listening to the CDs of his favourite pop-groups. He goes to bed at _____.

10 p.m.	career	leaves	working week
7 a.m.	breakfast	crawls	falling asleep
3 p.m.	training	go out	high school
lie-in	team	wake up	alarm clock

Mary Baker lives in a small English town and goes to a _____ . Her usual _____ begins at _____ on Monday when the _____ rings loudly on her bed. It helps her to _____ and decide whether to pretend to be ill or not. The trick usually doesn't work but she often tries. Her mother never believes her, so she finally _____ out of bed.

Mary can have a _____ only at week-ends. Then she stays in bed so long that she sometimes has her Sunday _____ at about _____. As for her school, she likes it mostly because of the friends she has there and the basketball _____ she plays for. After school Mary usually has her basketball _____ or goes home to get herself ready to _____ with her boyfriend. She does her homework either before she meets him or when he _____ for the bus at _____. Before _____ she often thinks about her sporting _____ and dreams of becoming rich and famous.

3. Визначте, які з наведених нижче речень відповідають змісту текстів (true), а які ні (false).

1. Tom lives in a small English town near London.
2. Mary's homework is usually ready by 9 o'clock.
3. Tom doesn't have breakfast in the morning.
4. Mary never lies to her parents.
5. Only at week-ends she can stay in bed as long as she wants.
6. Tom is a promising basketball player.
7. He is sure that he will never play for "Manchester United".
8. Mary doesn't like to study at her school.
9. Her radio-set wakes her up in the morning.
10. Tom usually has five classes a day.

11. As a rule Mary goes jogging with her boyfriend every morning.
12. Tom always has supper with his friends in a café.
13. He often listens to his favourite music in the evening.
14. Mary dreams of becoming a rich and famous model.

4. Дайте відповіді на запитання.

Twelve questions about you

1. If you weren't you, who would you like to be?
2. What is your favourite activity?
3. Who would you most like to spend a holiday with? Why?
4. What makes you happy?
5. What makes you sad?
6. What do you worry about the most?
7. What is your favourite part of the day? Why?
8. Which part of the day do you like least? Why?
9. If you could have any job, what would it be?
10. If there was a competition for the "Greatest Person in the World", who do you think should win it (apart from yourself)?
11. Who has had the greatest influence on your life? How?
12. What would you most like to know about yourself?

1. Підберіть відповідне тлумачення до слів.

- | | |
|------------------------|--|
| 1) to have supper | a) a clock that wakes you up in the morning. |
| 2) to leave home | b) to put the bed in order. |
| 3) an alarm-clock | c) to do some physical exercises in the morning. |
| 4) to have dinner | d) a place where students usually live. |
| 5) to have a lie-in | e) to be unpunctual. |
| 6) to crawl out of bed | f) to have a meal in the evening. |
| 7) to make the bed | g) to stay in bed for some time before getting up. |
| 8) a hostel | h) to go out of the house. |
| 9) to do daily dozen | i) to get out of bed very slowly. |
| 10) to be late for | j) to have a meal in the afternoon. |

2. Заповніть пропуски відповідними прийменниками.

1. ____ weekdays he usually wakes up ____ 7 o'clock.
2. But ____ weekends he has a lie-____.
3. I never drink coffee ____ supper.
4. As a rule Nick goes home ____ a route-bus.
5. She doesn't like to sit ____ late ____ the night.
6. My working day begins ____ jogging or daily dozen.
7. Sometimes they do their homework ____ the music.
8. It takes him half an hour to go to his work ____ foot.
9. Late in the evening we switch ____ the TV set and go ____ bed.
10. I feel very sleepy if I don't sleep well ____ night.

3. Підберіть синоніми.

- | | |
|----------------------|----------------------------|
| 1) to come in time | a) classes, lessons |
| 2) to do daily dozen | b) dining-room |
| 3) lines | c) to come on time |
| 4) canteen | d) to dream |
| 5) to sleep | e) to do morning exercises |

4. Підберіть антоніми.

- | | |
|------------------------|-----------------------|
| 1) to be late for | a) post meridiem |
| 2) to go to bed | b) to jump out of bed |
| 3) ante meridiem | c) to wake up |
| 4) to crawl out of bed | d) to come in time |
| 5) to fall asleep | e) to get up |

5. Підберіть закінчення речень.

- | | |
|--|---|
| 1. A health freak has orange juice and ... | a) ...company reports in his bed. |
| 2. A workaholic studies ... | b) ...the "musts" in different countries. |
| 3. A culture-vulture wants to see all ... | c) ... shopping and crowds. |
| 4. A home lover hates ... | d) ...the guitar in his room. |
| 5. A loner likes to play ... | e) ...cereals for breakfast. |

6. Заповніть пропуски відповідними словами.

mistakes *mother* *tools* *teaches* *well*
hardship *business* *work* *trades* *well done*

1. _____ before pleasure.
2. The hardest _____ is to do nothing.
3. What is worth doing at all worth doing _____.
4. If you want a thing _____, do it yourself.
5. Jack of all _____ is master of none.
6. A bad workman quarrels with his _____.
7. Through _____ to the stars.
8. If you don't make _____ you, don't make anything.
9. He who can, does; he who cannot, _____.
10. Necessity is the _____ of invention.

Hobbies and Leisure Activities

1. Знайдіть 10 слів, що означають хобі та активний відпочинок. Одна буква може використовуватися двічі (по горизонталі та по вертикалі).

V	X	K	H	O	B	B	I	E	S	F
S	P	R	I	D	D	U	R	D	P	C
M	A	O	K	R	A	L	C	I	O	U
S	I	N	G	I	N	G	O	M	R	T
O	N	S	U	R	C	L	A	R	T	S
L	T	E	N	N	I	S	R	I	S	O
N	I	C	N	O	N	K	P	C	O	M
I	N	H	A	T	G	A	E	R	Q	E
E	G	O	L	F	Q	T	L	T	S	R
O	K	S	M	O	V	I	E	S	P	K
T	R	F	B	R	A	N	O	J	L	O
D	O	E	C	S	E	G	I	K	N	H

2. Відтворіть англійською мовою і вивчіть один із поданих діалогів.

1. – *What's your hobby?*

– Я люблю футбол.

– *Do you play football?*

– Ні. Я грав у футбол, коли був молодшим. Тепер я не пропускаю жодного матчу.

– *What team do you support?*

– Я вболіваю за А за кого ви вболіваєте?

– *I don't like football. I prefer hockey.*

2. – *Martin collects pictures for ten years. Now he has a good collection.*

– Збирати картини – це його хобі?

– *I think so. He spends all his time looking for good pictures.*

– Мені здається, для цього треба мати багато грошей.

– *You are right.*

3. – *Is tennis popular in your country?*
 – Звичайно. Теніс – дуже популярна гра. Усі мої друзі грають у теніс. А ви любите теніс?
 – *No, I don't. I prefer basketball. I am fond of basketball for many years. Now my son goes in for basketball too.*
 – Про смаки не сперечаються.
4. – Вам сподобалась учорашня гра?
 – *No, I didn't. The team I support lost the game. I was very disappointed.*
 – А мені гра дуже сподобалась. Обидві команди грали відмінно.
 – *Do you really think so?*
5. – Яким видом спорту займається ваш брат?
 – *He goes in for swimming.*
 – Ви теж займаєтеся цим видом спорту?
 – *No, I don't. I am fond of boxing.*
 – Коли ви почали займатися боксом?
 – *At the age of twelve.*

3. Підберіть захоплення до дієслів, з якими вони можуть вживатися.

Leisure activity	to go to	to go	to do	to watch	to go in for	to be keen on	to play	to be interested in
disco								
skiing								
nightclub								
football								
fishing								
aerobics								
karate								
badminton								
jogging								

REFERENCE LIST

1. Тучина Т.В., Меркулова Т.К., Кузьмина В.С., Speak English with Pleasure, - Х.: Торсинг, 2001. – 288 с.
2. Тучина Т.В., Меркулова Т.К., Кузьмина В.С., Read and Speak English with Pleasure, - Х.: Торсинг, 2003. – 304 с.
3. McCarthy Michael, O'Dell Felicity. English Vocabulary in Use. – UK: Cambridge University Press. – 2001.
4. Richards J., Schmidt R. Language and Communication. – Longman, 1983. – 78 p.
5. Collins Cobuild English Dictionary (Cobuild), 1995.
6. Зубков М., Мюллер В. Сучасний англо-український та україно-англійський словник. – Х.: Школа, 2005. – 768 с.